

small girl.
big ideas.



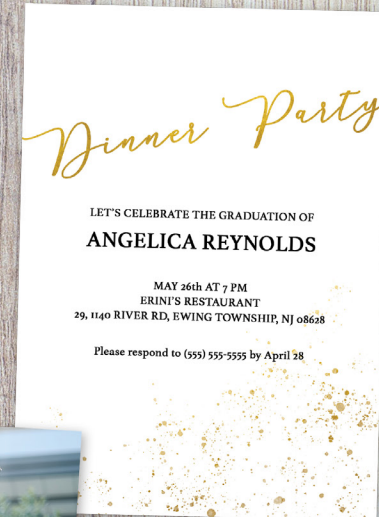
courtneysodendesigns@gmail.com
www.courtneysodendesigns.com

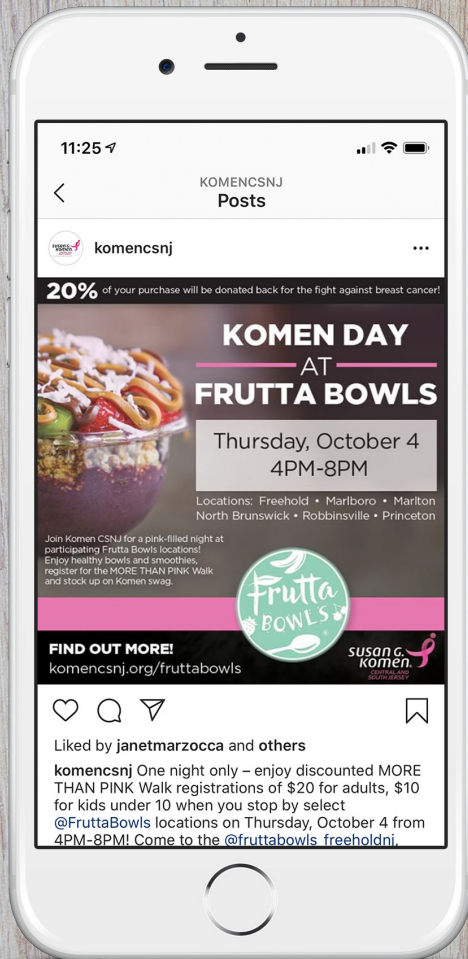
DESIGN SERVICES

Invitations | Social Media | Publications | Banners | Marketing | Illustrations

INVITATION DESIGN

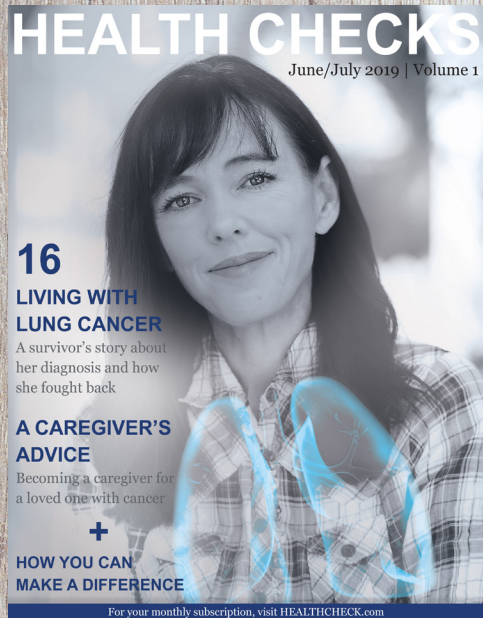
Create elegant, fun,
extravagant invitations
for any occasion!





SOCIAL MEDIA CONTENT

Social media management and content creation.



MAGAZINE & CATALOG

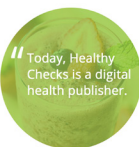
ABOUT US

Healthy Checks's recipes engage consumers and build a healthy lifestyle.

Contrary to popular belief, Lorem ipsum is not simply random text. This book is a treatise on the theory of ethics, very popular during the Renaissance. The first line of Lorem Ipsum, "Lorem ipsum dolor sit amet..", comes from a line in section 1.10.32. It has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. It was popularised in the 1960s with the release of Letraset sheets containing Lorem Ipsum.

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- White-labeled healthy cookbooks
- Custom recipe calendars
- Healthy recipe cards
- Social media wellness, fitness and nutrition content for food day and health observances
- Custom recipe calendars
- Healthy recipe cards
- Custom recipe calendars
- Healthy recipe cards



Healthy Checks provides daily healthy content that encourages every day healthy living.

WHAT WE DO

Healthy Checks healthy PLR recipes engage consumers and build your brand.

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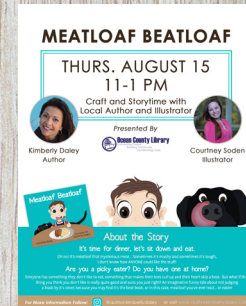


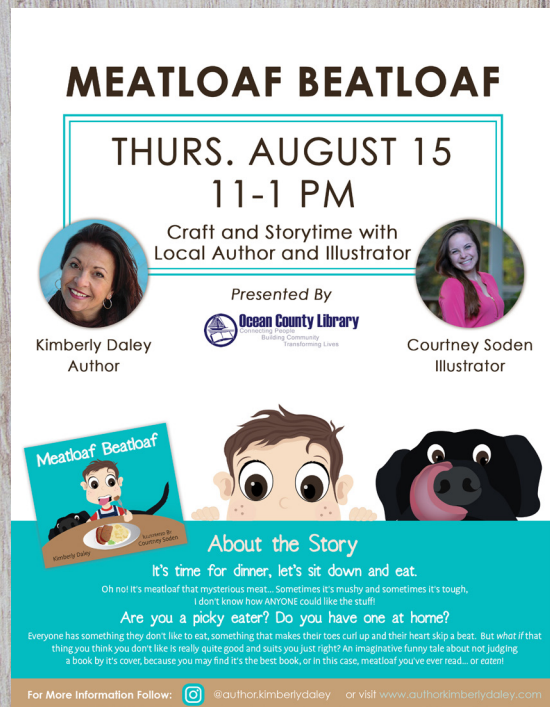
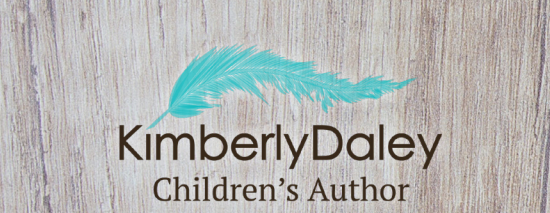
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Magazine production and design services.

BANNERS & POSTERS

Marketing banners and posters for any event!





MARKETING MATERIALS

Logos, postcards, flyers, business cards, bookmarks, and more!

ILLUSTRATION

Children's book illustrations,
infographics, vector art,
custom t-shirt designs,
and other concept-based
illustrations.

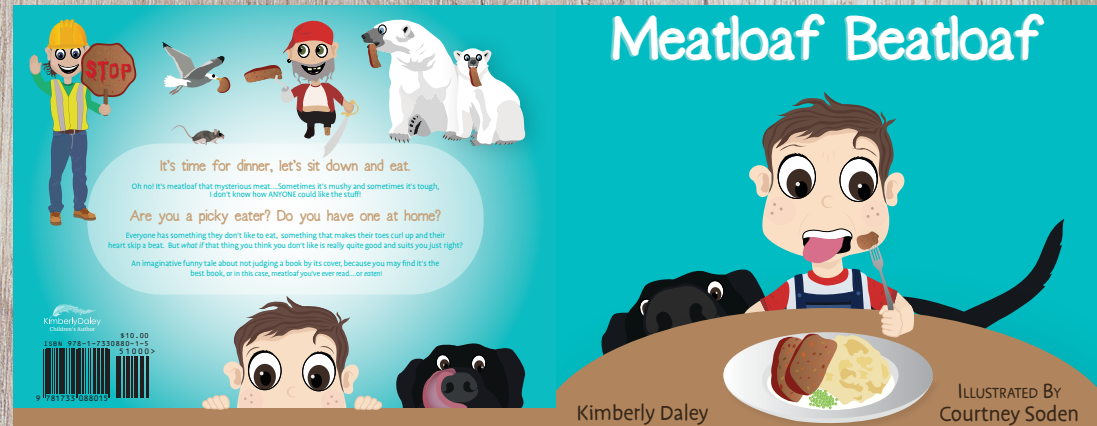
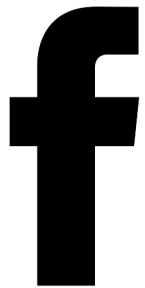


PHOTO EDITING

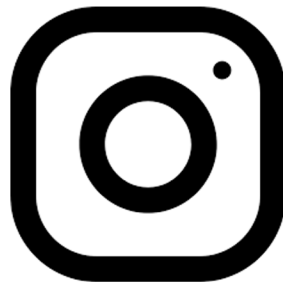
Blemish removal,
custom Lightroom filters,
and photo editing!

(all photos displayed taken by Courtney Soden)





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www.courtneysodendesigns.com